



Rossbrook House



SPRING 2023

Rossbrook House Circle

"No child who does not want to be alone, should ever have to be" -Sister Geraldine MacNamara

Programming with Pride

There's a wide range of programs available for children ages 6 to 11 and youth ages 12+, after-school and on weekends. **From drop-in music lessons, and cooking classes, to sports and homework help.**

Did you know that Rossbrook House has incorporated aspects of Indigenous perspectives in our programming since it's inception in 1976?

Today, a huge percentage of our staff and participants are of Indigenous heritage therefore, we must look at our programming through an Indigenous lens to align with Truth and Reconciliation Calls to Action.

A new language program was introduced in April with participants learning Ojibway. A traditional beading class began in January and includes cultural aspects as well. The participants' work will carry their energy and so they are reminded to be mindful of their feelings while beading.

Gifts of Grandfather Rocks were given to attendees of the No Child Alone Dinner in April. Each rock was decorated with an image from the Seven Sacred Teachings. As each child or youth took the time to craft the animal, they were reminded of the teachings passed down from their ancestors. Rocks have special meaning to Indigenous peoples- as does their connectedness to the land, water and sky.



The annual Pow Wow is another way that Rossbrook House has supported its community, bringing dancers and drummers together. Children and youth have been learning how to dance for decades and learning the significance of the Pow Wow circle.

The intent behind these goals is a simple one: To infuse children and youth with pride and a sense of belonging. Pride while learning a new skill. Pride in embracing their Indigenous heritage. Pride in becoming who they are meant to be.



You can read more about Rossbrook House programs on our website: rossbrookhouse.ca/programming

Join us for the Rossbrook House Pow Wow: **MAY 18**

Join us on Thursday, May 18 beginning at 5:30 for the Rossbrook House annual Pow Wow. Look for the big, white tent in the Freight House Field, across from Rossbrook House, corner of Ross and Sherbrook. Everyone is welcome.





Rossbrook House FOUNDATION

Donate online at rossbrookhouse.ca under News > Can you help? Or by cheque payable to Rossbrook House Foundation, noting HVAC or Cleaner Air Safer Space in the memo or accompanying note.



Cleaner Air, Safer Space

The heating and air conditioning system at 658 Ross Ave needs to be updated to ensure Rossbrook House remains a safe place for children and youth to belong, play, learn and become....

We're approximately **\$100,000 shy of our \$150,000 goal**. However as anyone who has done a renovation project knows, one should expect the unexpected.

Please consider helping us reach our goal by donating and letting others know about this need.

Work has already started on the upgrades. A mechanical engineer has submitted the applicable drawings and committed to assist with the selection of the right contractor for the job. The project will include the furnaces (there are 4!), Air conditioning, ductwork, outflow, chimney & more.

Since 1976, Rossbrook House has taken pride in being a safe place for children and youth, ages 6 to 24. Please help us ensure we continue to be a safe place through donating towards the required updates to an aging building.



Dozens of children and youth took part in the annual Winter Games competing in several indoor and outdoor activities including the super-fun blanket toss!

Cold City, Warm Hearts recap

Winter fun at its finest!

FortWhyte Alive once again generously opened their doors for an evening of winter fun for one hundred youngsters from *Rossbrook House and Immigrant & Refugee Community Organization of Manitoba (IRCOM)*. Together we celebrated winter! Smiles were plentiful and shrieks of laughter and joy bounced off the trees. Children soared down the thrilling toboggan run, played Arctic games, learned how to snowshoe, and roast Bannock over an open fire.

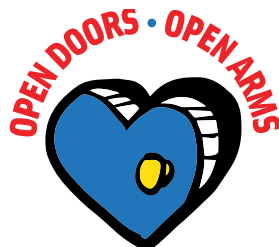
Thanks to the wonderful volunteers at FWA, the kids all had a great time. Thank you to Pizza Pizza for providing the yummy pizza.



Participants of all ages are learning traditional beading that is infusing them with pride. One young beader couldn't wait to bring her work home to show her mom!

Have you seen the Hilary Druxman Good Works necklace that was created for Rossbrook House? It was inspired by the artwork of Rossbrook House youth, Breanna Mink. A portion of each sale goes towards Rossbrook House programs. Read more about this wonderful collaboration and how to get yours: rossbrookhouse.ca/rossbrook-house-necklace

Makes a great gift!



Thank you very much to everyone who supported Rossbrook House through the No Child Alone Dinner and joined us at the RBC Convention Centre on April 27!

Follow us online to hear more about how the event went.